

30 Day Challenge

For the next few weeks take on this prayer challenge. Every day spend some time seeking God's face. Don't just seek His hands for what He can do for you. Seek His face – to know Him, to love Him, because He is the most important person in the universe. Pray this prayer in your own words.

Lord, I want to know you. I want a deeper personal relationship with you. I want you to be the first love, first pursuit in my life. Lord, I want to get to know you. I don't want to just know about you. Reveal yourself to me, Lord. I want to experience your love, and I want to love you with all my heart, soul, mind and strength. I want to hear your voice. Quiet my soul, and let me listen to the whispers of your Spirit.

Then try to practice some of these ancient spiritual disciplines to help you draw near to God. Meditate on a passage of Scripture (listen to the sermon from 1-24-10 for some practical instruction on how to meditate). Pray some Psalms back to God in your own word (e.g., Psalm 42, or 63). Spend some time in private personal worship – get a CD and sing along. Prepare your heart. Focus on God's worthiness, and fully engage in worshiping the one who shed His blood for you. Spend some time listening to the Spirit speak to you. Ask God to reveal Himself to you in the Scripture, and through His voice. Receive what He has to say in faith.

Experts say if you want to establish a new habit, or pattern in your life practice something for a month. If you make seeking intimacy with God an intentional pursuit for the next month, it could help establish your relationship with God as the first love and first pursuit of your life. "Then you will call on me and come and pray to me, and I will listen to you. You will seek me and find me when you seek me with all your heart. I will be found by you," declares the Lord." (Jeremiah 29:12-14)